



**Resource Overview** — Betty Hardwick Center has been helping to empower people to live their best lives since 1971. We are the local Mental Health and Intellectual & Developmental Disabilities authority in and around Abilene, TX, including Taylor, Callahan, Jones, Stephens and Shackelford counties. Most services are available at reduced rates based on ability to pay.

**[bettyhardwick.org](http://bettyhardwick.org) | 24/7 crisis line: 1-800-758-3344**

## Child and Adult Behavioral Health Services

### 24/7 Crisis Services

*Our Crisis Hotline is available 24/7, 365 days a year and staffed by Qualified Mental Health Professionals (QMHPs) to provide screening, assessment and intervention.*

Are you experiencing a crisis? The local hotline number is **1-800-758-3344**.

### Adult Mental Health Services

*Services include Case Management, Counseling, Rehabilitative Skills Training, Psychiatry and Peer Support.*

Anyone can call our **24/7 Intake Hotline: 1-800-758-3344**

Walk-in intake is also available **Monday – Friday from 8 a.m. – 3:30 p.m.**

### Child and Adolescent Mental Health Services

*Programs specializing in counseling & Mental Health services for children (ages 3-17)*

Anyone can call our **24/7 Intake Hotline: 1-800-758-3344**

Walk-in intake is also available **Monday – Friday from 8 a.m. – 3:30 p.m.**

### Elm Creek Psychiatry

*Elm Creek Psychiatry is a private clinic, open to adults, youth and children. We accept Medicaid, Medicare, most third party insurance, and private pay. Please submit new patient paperwork prior to first appointment. Paperwork can be found on our website.*

For questions or appointments, contact us by phone (**325-691-2011**) or email ([ElmCreek@bettyhardwick.org](mailto:ElmCreek@bettyhardwick.org))

### Veteran Services

*A Military Veteran Peer Network (MVPN) to connect Service members, Veterans, and their families with helping organizations, to include peer support, mental health awareness, and advocacy.*

*We also offer a Veteran Counseling Program.*

Contact MVPN: **Ann McKee (325-670-4818; [amckee@bettyhardwick.org](mailto:amckee@bettyhardwick.org))**

Veteran Counselor: **Eliza Ray (325-670-4817; [eray@bettyhardwick.org](mailto:eray@bettyhardwick.org))**

### Substance Use Outpatient Treatment

*Intensive Outpatient Program providing services for adults diagnosed with a substance use disorder or a co-occurring mental health/ substance use disorder. Case Management and Peer Support services will also be provided as needed to ensure quality linkage to care.*

Please contact SUD staff for more information (**325-691-2093; [SUD-IOP@bettyhardwick.org](mailto:SUD-IOP@bettyhardwick.org)**)

### Mental Health First Aid

*Courses available for Teens & Adults to learn to “Be The Difference” for those struggling with mental health.*

MHFA Coordinator: Sandra Lang (**325-691-2061; [slang@bettyhardwick.org](mailto:slang@bettyhardwick.org)**)

## Intellectual and Developmental Disabilities Services

### Intellectual and Developmental Disabilities

*Betty Hardwick Center contracts with Health and Human Services Commission to provide a variety of services to individuals with a qualifying diagnosis.*

For more information or to schedule an intake appointment, call **325-690-5182** or **325-691-2068**.

### Early Childhood Intervention

*ECI is a program for families with children (birth to age 3) who have disabilities & developmental delays.*

*ECI enables families to help their children reach their potential through a variety of services and therapies.*

To request an intake assessment, please call **325-627-0908**. For additional assistance, email

**[eci@bettyhardwick.org](mailto:eci@bettyhardwick.org)**. Our ECI Referral Form is available on our website.