



## Reason for Visit

What brings you in today?

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Check below what services you are seeking.

- Case Management** (assistance with resources within the community)
- Counseling**
- Clinic** (Mental Health Medications)

Have you received treatment in the past? (if so, where?)

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Please complete the following pertaining to substance use:

- I have used drugs or alcohol in the last 2 days
- I think I have a problem abusing drugs
- I think I have a problem abusing alcohol
- Last use of drugs/alcohol: \_\_\_\_\_

Legal Information:

- I am currently on probation. PO's name \_\_\_\_\_
- I am currently on parole. PO's name \_\_\_\_\_

TDCJ # \_\_\_\_\_

# PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered  
By any of the following problems?  
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or Have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things such as reading the Newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

For office coding    0    +    \_\_\_\_\_    +    \_\_\_\_\_    +    \_\_\_\_\_  
=Total Score: \_\_\_\_\_

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult  
at all

Somewhat  
difficult

Very  
difficult

Extremely  
difficult

**PTSD PCL-5**

**Instructions:** Below is a list of problems that people sometimes have in response to a very stressful experience. Please read each problem carefully and then choose one to indicate how much you have been bothered by that problem in the past month.

**In the past month, how much were you bothered by:**

- 1 Repeated, disturbing, and unwanted memories of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 2 Repeated, disturbing dreams of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 3 Suddenly feeling or acting as if the stressful experience were actually happening again?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 4 Feeling very upset when something reminded you of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 5 Having strong physical reactions when something reminded you of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 6 Avoiding memories, thoughts, or feelings related to the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 7 Avoiding external reminders of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
8. Trouble remembering important parts of the stressful experience?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
9. Having strong negative beliefs about yourself, other people, or the world?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
10. Blaming yourself or someone else for the stressful experience or what happened after it?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
11. Having strong negative feelings such as fear, horror, anger, guilt or shame?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
12. Loss of interest in activities that you used to enjoy?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
13. Feeling distant or cut off from other people?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
14. Trouble experiencing positive feelings?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely
- 15 Irritable behavior, angry outbursts, or acting aggressively?  
 Not at all     A little bit     Moderately     Quite a bit     Extremely

This is a two-sided form, please complete both sides





## Generalized Anxiety Disorder (GAD-7)

Over the last 2 weeks, how often have you been bothered by the following problems?

1. Feeling nervous, anxious or on edge  
 Not at all    Several days    More than half the days    Nearly every day
2. Not being able to stop or control worrying  
 Not at all    Several days    More than half the days    Nearly every day
3. Worrying too much about different things  
 Not at all    Several days    More than half the days    Nearly every day
4. Trouble relaxing  
 Not at all    Several days    More than half the days    Nearly every day
5. Being so restless that it is hard to sit still  
 Not at all    Several days    More than half the days    Nearly every day
6. Becoming easily annoyed or irritable  
 Not at all    Several days    More than half the days    Nearly every days
7. Feeling afraid as if something awful might happen  
 Not at all    Several days    More than half the days    Nearly every day

GAD7 Total Score      0

If you checked off any problem on this questionnaire so far, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

- Not at all    Several days    More than half the days    Nearly every day

**Scoring:** Add the results for question number one through seven to get a total score.

If you score 10 or above you might want to consider one or more of the following:

1. Discuss your symptoms with your doctor,
2. Contact a local mental health care provider or
3. Contact my office for further assessment and possible treatment.

Although these questions serve as a useful guide, only an appropriate licensed health professional can make the diagnosis of Generalized Anxiety Disorder.

A score of 10 or higher means significant anxiety is present. Score over 15 are severe.

### GUIDE FOR INTERPRETING GAD-7 SCORES

Scale	Severity
0-9	None to mild
10-14	Moderate
15-21	Severe

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an

Betty Hardwick Center

AUDIT - C Questionnaire

**These questions refer to the past 12 months**

1. How often do you have a drink containing alcohol?
  - a. Never
  - b. Monthly or less
  - c. 2-4 times a month
  - d. 2-3 times a week
  - e. 4 or more times a week
  
2. How many standard drinks containing alcohol do you have on a typical day?
  - a. 1 or 2
  - b. 3 or 4
  - c. 5 or 6
  - d. 7 or 9
  - e. 10 or more
  
3. How often do you have six or more drinks on one occasion?
  - a. Never
  - b. Less than monthly
  - c. Monthly
  - d. Weekly
  - e. Daily or almost daily

Total:

Score: a = 0; b = 1; c = 2; d = 3; e = 4

# DRUG USE QUESTIONNAIRE (DAST - 10)

## Betty Hardwick Center

The following questions concern information about your possible involvement with drugs not including alcoholic beverages during the past 12 months. Carefully read each statement and decide if your answer is "Yes" or "No". Then circle the appropriate response beside the question.

In the statements "drug abuse" refers to (1) the use of prescribed or over the counter drugs may include: cannabis (e.g. marijuana, hash), solvents, tranquilizers (e.g. Valium), barbiturates, cocaine, stimulants (e.g. speed), hallucinogens (e.g. LSD) or narcotics (e.g. heroin). Remember that the questions do not include alcoholic beverages.

Please answer every question if you have difficulty with a statement, then choose the response that is mostly right.

### These questions refer to the past 12 months.

- |  |     |    |
|--|-----|----|
| 1. Have you used drugs other than those required for medical reason?   | Yes | No |
| 2. Do you abuse more than one drug at a time?  | Yes | No |
| 3. Are you always able to stop using drugs when you want to?   | Yes | No |
| 4. Have you had "blackouts" or "flashbacks" as a result of drug use?   | Yes | No |
| 5. Do you ever feel bad or guilty about your drug use?   | Yes | No |
| 6. Does your spouse (or parents) ever complain about your involvement with drugs?                                      | Yes | No |
| 7. Have you neglected your family because of your use of drugs?  | Yes | No |
| 8. Have you engaged in illegal activities in order to obtain drugs?  | Yes | No |
| 9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?                            | Yes | No |
| 10. Have you had medical problems as a result of your drug use (memory, loss, hepatitis, convulsions, bleeding, etc.)? | Yes | No |



## FINANCIAL ASSESSMENT QUESTIONNAIRE

1. How many people are in the household? (Your family, spouse and dependents, etc.)
2. Who are the people in the household? Spouse, children, etc.
3. Do you or your spouse work? If so, where at?
4. What is the hourly pay rate?
5. How many hours per week are worked on average?
6. Do you or does anyone in the household receive SSI, SSDI or Retirement benefits? If so, how much and who?
7. Does anyone in the family receive food stamps? If so, how much?
8. Does the family receive HUD housing assistance? If so, how much do they help pay?
9. Have you ever applied for SSI? If so, what was the outcome?
10. Does the client want to apply for SSI benefits?
11. If there is no income in the household, how are the daily needs for the family met?