

What is Psychosis?

Psychosis is a symptom of mental illness. People experiencing psychosis may hallucinate or exhibit signs of paranoia, delusions, and disorganized thoughts and behaviors. For example, a person experiencing psychosis may:

- Hear voices that only they can hear
- See something that only they can see
- Believe they have special powers
- Be suspicious of others
- Have trouble thinking clearly or concentrating

Sometimes, psychosis can be a symptom of a mental illness such as depression, bipolar disorder, schizoaffective disorder, or schizophrenia.

There are many possible causes of psychosis, including physical or mental illness, substance misuse, stress or trauma. Psychosis can affect any person, across all socioeconomic and ethnic groups. First Episode Psychosis describes the first occurrence of psychosis in people in their late teens to mid-twenties. About 100,000 people experience psychosis each year.



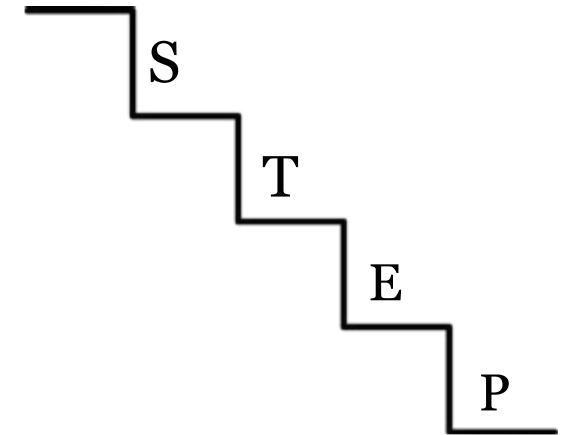
STEP Hotline

325.690.5106

24/7 Crisis Line

1.800.758.3344

2626 S. Clack St.
Abilene, TX 79606



Specialized Treatment for Early Psychosis

STEP is an early intensive intervention program provided by Betty Hardwick Center for adolescents and young adults who had unusual thoughts or behaviors or have started seeing/hearing things that others do not.



2626 S. Clack St.
Abilene, TX 79606



Meet Your Coordinated Specialty Care Team

Team Leader



Terry Osborne, LMSW

tosborne@bettyhardwick.org

Office: 325.690.5237

Cell: 325.660.0234

As Team Leader, Terry oversees all aspects of the team functioning and provides administrative and clinical oversight. Terry also oversees outreach and recruitment functions.

Jake Holt Case Manager/ Skills Trainer

jholt@bettyhardwick.org

Office: 325.690.5242

Cell: 325.660.2191



Jake Holt can help you integrate learning and build skills specific to your treatment goals. Skills trainers work closely with the rest of the team to help you practice and incorporate new skills into your daily life to reach your goals.

Kayli Renteria Peer Specialist

kfrenteria@bettyhardwick.org

Office: 325.690.5245



As Peer Specialist, Kayli uses her own personal recovery story to instill hope, promote engagement, and demonstrate goal attainment. Peers employ a non-clinical worldview and have skills in supporting program participants if they are exploring alternate understandings in their distress and experiences.

Thomas Holland Supported Employment/ Education Specialist

tholland@bettyhardwick.org

Office: 325.690.5238



The Supported Employment/Education Specialist (SEES) assists the client with employment and educational goals. SEES meets with all clients to assess work/school interest and assists clients in identifying and selecting options for school and work.

Brittany Cooper Certified Family Partner

bmcooper@bettyhardwick.org

Office: 325.690.5243



A Certified Family Partner works closely with the family on education, resources, and support that will help the family to reach their goals.

Carl Leake Program Supervisor

cleake@bettyhardwick.org

Office: 325.690.5207



Do you have any questions about psychosis or Betty Hardwick Center's STEP program? You can contact Carl Leake, our Mental Health Program Administrator.