



Resource Overview — Betty Hardwick Center has been helping to empower people to live their best lives since 1971. We are the local Mental Health and Intellectual & Developmental Disabilities authority in and around Abilene, TX, including Taylor, Callahan, Jones, Stephens and Shackelford counties. Most services are available at reduced rates based on ability to pay.

bettyhardwick.org | 24/7 crisis line: 1-800-758-3344

Child and Adult Behavioral Health Services

24/7 Crisis Services

Our Crisis Hotline is available 24/7, 365 days a year and staffed by Qualified Mental Health Professionals (QMHPs) to provide screening, assessment and intervention.

Are you experiencing a crisis? The local hotline number is **1-800-758-3344**.

Adult Mental Health Services

Services include Case Management, Counseling, Rehabilitative Skills Training, Psychiatry and Peer Support.

Anyone can call our **24/7 Intake Hotline: 1-800-758-3344**

Walk-in intake is also available **Monday – Friday from 8 a.m. – 3:30 p.m.***

*new-patient paperwork is available on our website and may be completed in advance

Child and Adolescent Mental Health Services

This program specializes in counseling and other Mental Health services for children (ages 3-17) with a qualifying diagnosis.

Anyone can call our **24/7 Intake Hotline: 1-800-758-3344**

Walk-in intake is also available **Monday – Friday from 8 a.m. – 3:30 p.m.***

*new-patient paperwork is available on our website and may be completed in advance

Elm Creek Psychiatry

Elm Creek Psychiatry is a unique, private clinic, open to adults. We accept Medicaid, Medicare, most third party insurance, and private pay. Please submit new patient paperwork prior to first appointment. Paperwork can be found on our website.

For questions or appointments, contact us by phone (**325-691-2011**) or email (ElmCreek@bettyhardwick.org)

Veteran Services

We have developed a Military Veteran Peer Network (MVPN) to connect Service members, Veterans, and their families with local, state or national organizations. This includes peer support, mental health awareness, and advocacy. We also offer a Veteran Counseling Program.

Contact MVPN: **Ann McKee (325-670-4818; amckee@bettyhardwick.org)**

Veteran Counselor: **Jim Reynolds (325-670-4817; jreynolds@bettyhardwick.org)**

Mental Health First Aid

Learn to "Be The Difference" for those in your life struggling with mental health. Different courses are available for Teens and Adults.

MHFA Coordinator: Sandra Lang (**325-691-2061; slang@bettyhardwick.org**)

Intellectual and Developmental Disabilities Services

Intellectual and Developmental Disabilities

Betty Hardwick Center contracts with Health and Human Services Commission to provide a variety of services to individuals with a qualifying diagnosis.

For more information or to schedule an intake appointment, call **325-690-5182** or **325-691-2068**.

Early Childhood Intervention

ECI is a statewide program for families with children (from birth to age 3) who have disabilities and developmental delays. ECI supports families to help their children reach their potential through a variety of services and therapies.

To request an intake assessment, please call **325-627-0908**. For additional assistance, email

eci@bettyhardwick.org. Our ECI Referral Form is available on our website.

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