



Children and Youth

Best Practices

Have a plan for approaching schools

- Research information about obtaining clearance to conduct presentations in the schools
 - ▶ Each school or district may be different
 - ▶ Building relationships with board members, school personnel, and community gatekeepers could be helpful in this process.
- Work with organizations that may help you or may provide you with insight on how to gain access to the schools
 - ▶ Communities in Schools
 - ▶ Education Service Centers (ESCs)
 - ▶ Parent Teacher Association (PTA)
- Follow up with schools throughout the school year for additional opportunities
- Follow up with schools who initially declined services

Be open to all opportunities

- Ask to be included on the agenda for lessons
 - ▶ In Hurricane Harvey, providers facilitated Natural Disaster lessons for science teachers
- Facilitate school-wise assemblies
- Partner with the school to provide bags containing information and TRT promotional items
 - ▶ Activity books
 - ▶ Children always love stickers!
 - ▶ Foam stress balls
 - ▶ Other various promotional items

Utilize existing materials

- Center for Disease Control
<https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>
- Office of Emergency Management (OEM)
 - ▶ Check out your local OEM website for information on how to order
- Ready ✓
<https://www.ready.gov/publications>

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- Substance Abuse and Mental Health Services Administration (SAMHSA)
<https://store.samhsa.gov/>
 - The National Child Traumatic Stress Network (NCTSN)
<https://www.nctsn.org/resources>
 - World Health Organization (WHO)
<https://www.who.int/hrh/resources/en/>

Think outside of the box

- Allow children and youth to be involved in future planning
- Allow children and youth the opportunity to lead groups, when appropriate
- One provider during Hurricane Harvey was successful having a mascot who interacted with children and families
- Virtual camps are becoming more popular in the time of COVID

Partnerships

Organizations

- Bikers Against Child Abuse
- Boys and Girls Club of America
- Campfire USA
- Catholic Charities USA
- Children at Risk
- Communities in Schools
 - ▶ This measure helped gain entry into schools
- Head Start
- Journey of Hope
- LMHA/LBHA – staff hired for HB19 activities
- Mental Health America chapters
 - ▶ Mental Health America Center for School Behavioral Health Annual Conference
 - ◇ Set up a booth and provided materials to educators in attendance
- My Brother's Keeper
- Red Cross
 - ▶ Collaborated to set up Pillowcase Project at local schools
- Salvation Army
- Save the Children
- YMCA

Potential Local Organizations

- Apartment complexes
- Churches
- Dance Academies

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- Daycare Centers
 - Early Education Centers
 - Free summer lunch programs
 - Foster and Adoption Agencies
 - ▶ Child Placing Agencies
 - ▶ Local DFPS caseworkers
 - ▶ Respite Agencies
 - Humane Society
 - ▶ In Harvey, providers partnered with the humane society to have animals at events to draw in children and families.
 - Immunization clinics
 - Martial Arts classes
 - Private and community daycare centers
 - ▶ Connected with directors to distribute information
 - ▶ Established a regular story time for the children
 - ▶ Provided coping strategies to daycare staff
 - Public libraries
 - ▶ Established a set story time
 - Youth Shelters
 - Youth Sports Leagues

Schools

District Administrative Offices

- Admission staff
- Other district staff
- Superintendents

Elementary, Intermediate, Middle, and High Schools

- Connected directly with school personnel
 - ▶ Administration
 - ▶ Bus barn staff
 - ▶ Coaches
 - ▶ Counselors
 - ▶ Dietary Staff
 - ▶ Nurses
 - ▶ Principals
 - ▶ Superintendents
 - ▶ Teachers
 - ▶ Other personnel
- Connected with middle and high school sports teams

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- ▶ Band
 - ▶ Cheerleaders
 - ▶ Drill teams
 - ▶ Football
 - ▶ Other teams
 - Connect with school affiliated groups
 - ▶ Fellowship of Christian Athletes
 - ▶ National Parent Teacher Association
 - ▶ School board

Colleges

- Connected directly with college personnel:
 - ▶ Academic Counselors
 - ▶ Admissions Department
 - ▶ Counselors
 - ▶ Deans
 - ▶ Financial Aid Department
 - ▶ Professors
 - ▶ Resident Assistants
 - ▶ Sports teams
 - ▶ Student Centers
 - ▶ Study Groups
 - ▶ Other affiliated groups

Other School Related Organizations

- Education Service Centers
- Texas Association of School Administrators
- Texas Association of School Boards
- Texas Education Association
- Texas School Safety Center
- Texas Teachers Association

Child Related Trainings

Introduction to Adverse Childhood Experiences Early Trauma Online Learning

<https://www.acesonlinelearning.com/>

Psychological First Aid (PFA)

<https://www.nctsn.org/resources/psychological-first-aid-pfa-online>

Trauma Informed Care (TIC)

[https://www.dfps.state.tx.us/Training/Trauma Informed Care/default.asp](https://www.dfps.state.tx.us/Training/Trauma%20Informed%20Care/default.asp)

Youth Mental Health First Aid (MHFA)

Curriculums

- Disaster Twins
<http://www.cert-la.com/downloads/education/english/AdvOfJuliaAndRobbie-TheDisasterTwins.pdf>
- The Cool Little Kids Online (CLKO) program
<https://coollittlekids.org.au/login>
- The Strong Kids program
<https://strongkids.uoregon.edu/index.html>
- Save the Children
<https://www.savethechildren.org/us/what-we-do/us-programs/disaster-relief-in-america/family-emergency-preparedness-plan?vanityurl=getready>
- Trinka and Sam Fighting the Big Virus
https://www.nctsn.org/sites/default/files/resources/special-resource/trinka_and-sam_fighting_the_big_virus.pdf
 - Fighting the Big Virus: Trinka and Sam’s Questions (A companion to the story) <https://www.nctsn.org/resources/fighting-the-big-virus-trinka-and-sam-questions>
- Youth Emergency Preparedness Curriculum- Grades 1-2
https://www.fema.gov/media-library-data/a09faf19c5354c01beb9f30125a785cb/FEMA_UE_TG_082613_508.pdf
- Youth Emergency Preparedness Curriculum- Grades 3-5
https://www.fema.gov/media-library-data/a09faf19c5354c01beb9f30125a785cb/FEMA_UE_TG_082613_508.pdf
- Youth Emergency Preparedness Curriculum- Grades 6-8
https://www.fema.gov/media-library-data/ac2a3fd06796f89fcd284ddb3fea4797/FEMA_HS_TG_082613_508.pdf
- Youth Emergency Preparedness Curriculum- Grades 9th-12th
https://www.fema.gov/media-library-data/ac2a3fd06796f89fcd284ddb3fea4797/FEMA_HS_TG_082613_508.pdf