

Elm Creek Psychiatry  
New Patient History

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Date \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Mar Status: \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Soc Sec # \_\_\_\_\_

Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Race: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Relationship to Insured: \_\_\_\_\_ Policy Holder Name: \_\_\_\_\_

Child (under 18 y/o)  Adult w/guardian  Adult-own Legal Representative

Emergency Contact (Name & Number): \_\_\_\_\_

Name of Legal Guardian: \_\_\_\_\_ Relationship:  Parent  Other

Legal Guardian Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

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Describe the reason for the clinic visit:

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Referral Sources:  FQHC  IDD Providers  Hospital Providers  Psych Hospitals

Specify: \_\_\_\_\_

Current Symptoms:

poor appetite  overeating  insomnia  hypersomnia  poor impulse control  weight loss

- weight gain
- anxiety
- isolating
- loss of interest in activities
- tearful
- affect doesn't match mood
- low frustration tolerance
- enuresis
- encopresis
- anger
- verbal aggression
- physical aggression
- (inanimate objects
- animals
- people)
- poor academic performance
- hyperactivity
- poor attention
- alcohol/drug abuse
- running away
- suicidal thoughts
- suicide attempt
- hallucinations
- delusions (believing things to be true that others do not)
- purposeful self-injury (cutting, burning, scratching, etc...self)
- other: \_\_\_\_\_

Describe how long symptoms have persisted: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For suicidal thoughts/attempts, explain and give dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Previous psychiatric care: \_\_\_\_\_

Hospitalizations (give dates & name of facilities) \* request records for hospitalizations within last 3 years  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Outpatient psychiatry: (give dates & name of provider) \* request records for hospitalizations within last 3 years  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Previous medications/dosage/frequency/prescriber/condition being treated/effectiveness:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current medications/dosage/frequency/prescriber/condition being treated/effectiveness:

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Drug Allergies: \_\_\_\_\_

Substance Allergies: \_\_\_\_\_

**Medical History**

- medical hospitalization
- had surgery
- serious accidents
- had head injury w/unconsciousness
- neurological problems
- cardiovascular problems
- respiratory problems
- diabetes
- thyroid disorder
- liver disease
- gastrointestinal disorder
- musculoskeletal disorder
- chronic pain
- skin problems
- genitourinary/kidney problems
- sexually transmitted disease
- sexual dysfunction
- reproductive problems
- cancer
- vision problems
- hearing problems
- speech problems
- Seizures
- physical activity limited by physical/health problems

Describe all boxes checked: \_\_\_\_\_

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**Substance abuse:**

- tobacco use ( smoker  dip  eCigarette)
- alcohol
- marijuana
- synthetic marijuana
- cocaine
- methamphetamine
- narcotic analgesics
- sleeping pills/meds
- benzodiazepines (Xana,Ambien,Valium,Ativan,Klonopin, etc.)
- huffing/inhalants
- other: \_\_\_\_\_

Describe any current stressors and/or precipitating events:

- Birth
- Death
- employment
- Divorce/relationship dissolution
- homelessness
- financial
- family conflict
- school problems
- health problems
- other: \_\_\_\_\_

Any Legal Issues:  yes /  no